

**Lauren Trangmar**  
**ART400 Exercise 1**  
**Chewing Gum Sculpture**  
**[Chew Chew Train]**

## Concept » Why chewing gum?

I was chewing gum the other day and nowhere to discard my gum...

I figured it might work as a sculptural medium



[This is what some people do with gum when they don't have anywhere to put it, I don't like to do this because it makes me feel naughty...]

**\* FACT: People chew gum purely for pleasure**



Research » Other Chewing Gum Art

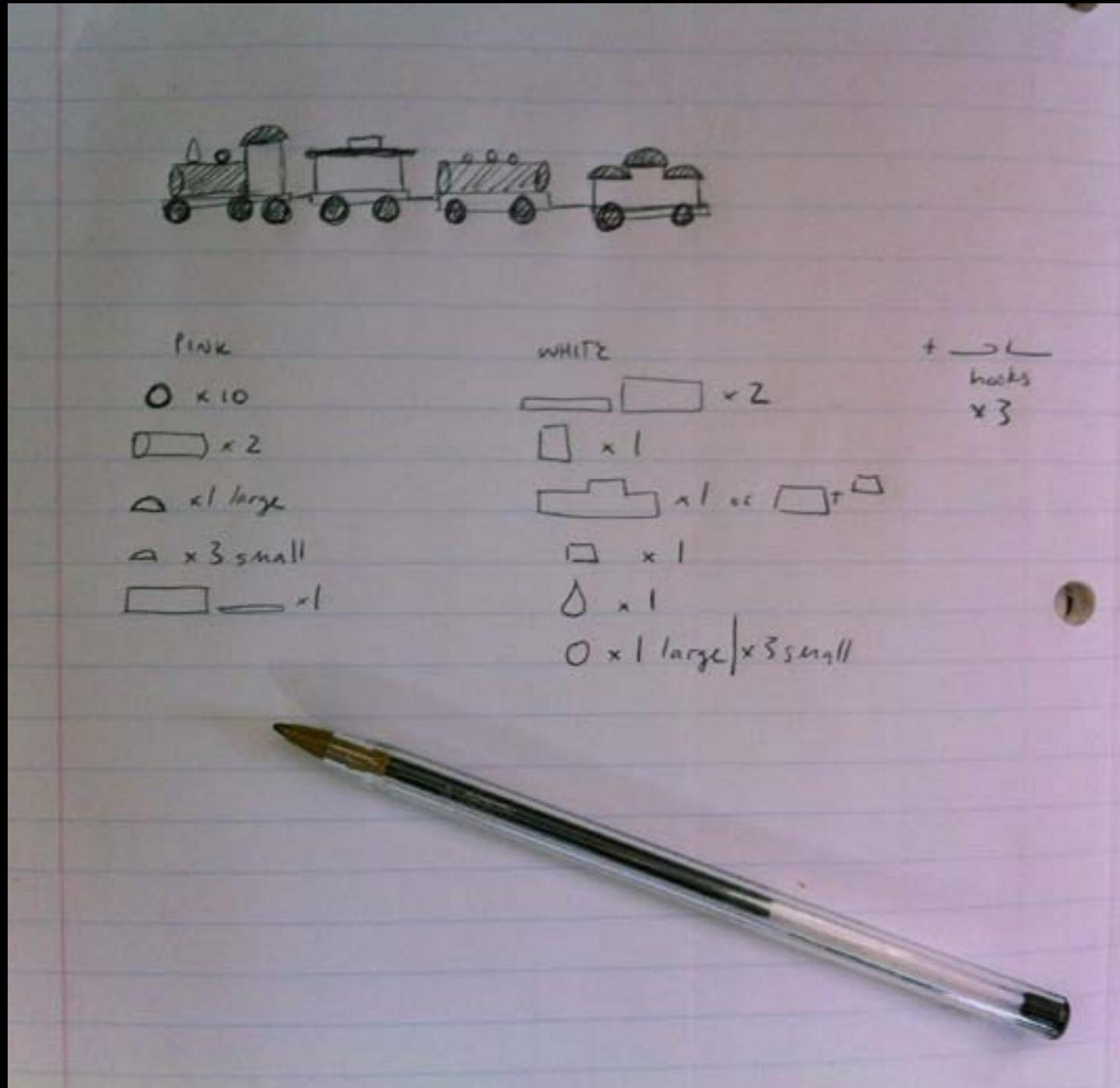


**Maurizio Savini**



## Method » Step 1 » Plan your piece

[A rough sketch and estimate of the pieces you need to make]



Method » Step 2 » Get lots of gum ...



**[Estimate how much gum you will need, decide on colors and buy from your local store]**

Method » Step 3 » Chew it



[like there is no tomorrow...]



Method » Step 4 » Mold it



[as you would clay]

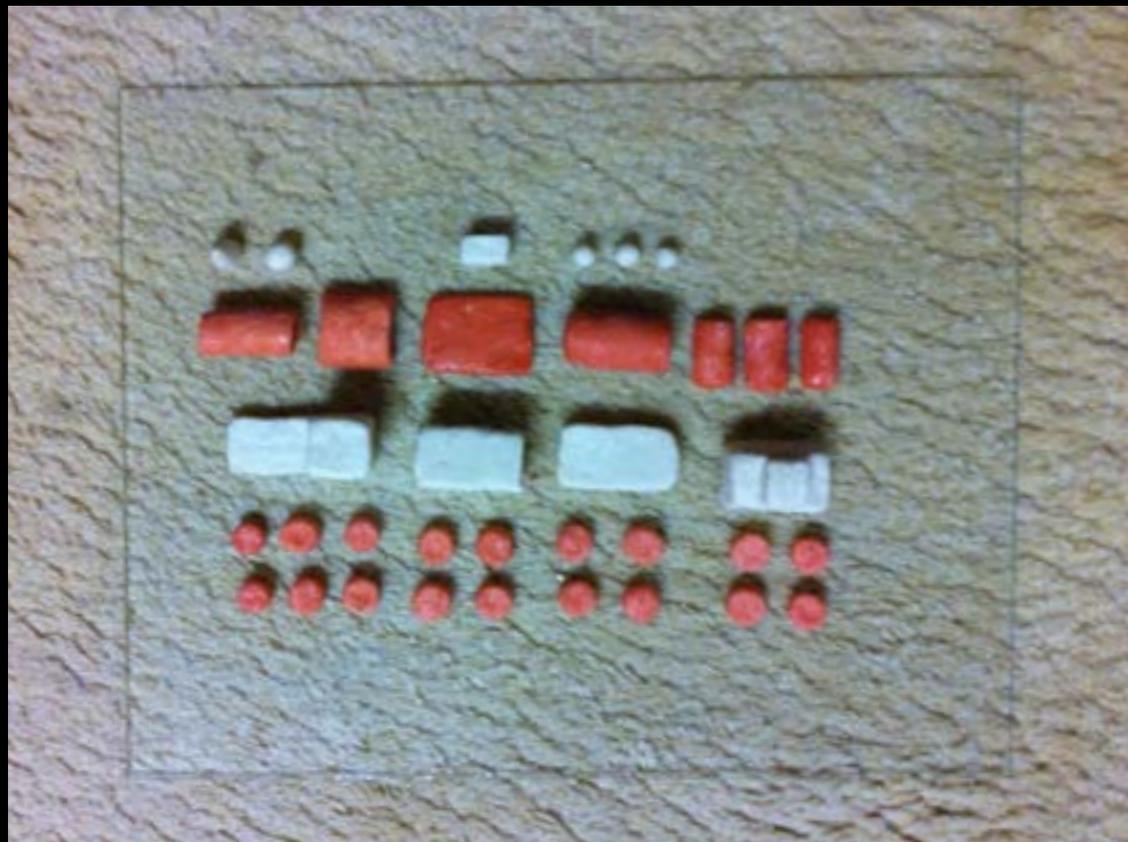
## Method » Step 5 » Shape it

[by hand or with tools such as an xacto for straight edges]



**\* TIP: It's good to use a pane of glass or piece of plastic to put the gum on so it does not stick to things and is easy to keep track of and move**

Method » Step 5 » Shape it



[...until you have all the pieces...]

## Method » Step 6 » Freeze it

[at any point in the process when you want to make the gum a bit firmer and less sticky to work with ]



» 15 minutes will do!

Method » Step 7 » Put the pieces together



[...be careful...]

## Method » Step 8 » Seal/Vanish it



[To seal it and hopefully harden the gum slightly so that it stays in shape]

» This may or may not be the best way?!

## The Result/aftermath...

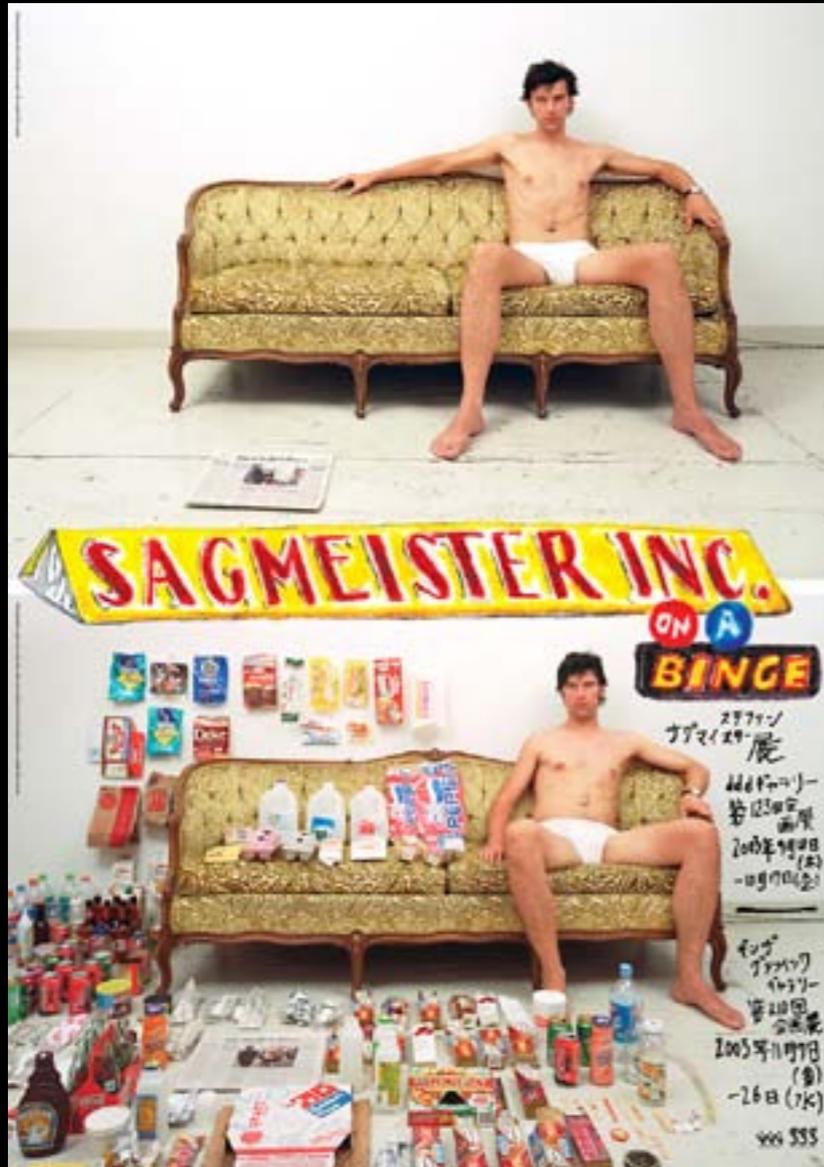


**142 pieces of gum later...**



**Voila! You have a Chew Chew Train!**

## Other artworks this reminded me of



### « Stefan Sagmeister: Designer

Sagmeister was hired to create a poster advertising design exhibitions in Osaka and Tokyo. The result was this poster [that was featured in "Another Exhibition About Promotion and Sales Material." It is a before-and-after scenario of the designer weighing in at 178 pounds in the first image, followed by him one week and 25 pounds later after having consumed the contents of everything in the picture.



### « Janine Antoni

In her work *Gnaw* (1992,) Antoni uses her mouth and the activity of eating or chewing to carve two 600 lb (300 kg) cubes, one made of chocolate, the other of lard, then used the chewed out bits to create chocolate boxes and lipstick tubes, which she then displayed in a mock store front. In this work and others, Antoni often confronts issues such as materiality, process, the body, femininity, and her art historical roots.

## Warning...

**Chewing excess amounts of gum may :** cause a laxative effect  
give you a **MASSIVE** headache  
**WILL** make your jaw very sore  
produce excess flavoured saliva  
make you feel extremely sick for  
a few hours

... otherwise it is perfectly safe  
[as far as I know...  
don't quote me on it....]

Project by **Lauren Trangmar**